



## A Complete Introduction to Bone Plating

February 17-19, 2025

Please complete all pre-course content prior to the in-person session.

### Day 1 – Monday

7:30 AM	<i>Breakfast and Welcome</i>
8:00 AM	Introduction, Course Overview & Learning Objectives – Dr. Palmer
8:25 AM	Clinical Case Example – Dr. Palmer
8:50 AM	<b>Dry Lab 1:</b> Power Drills, Drilling Technique, Screw Insertion Technique
9:50 AM	<i>Break</i>
10:05 AM	Introduction to Compression Locking Plates
10:30 AM	<b>Dry Lab 2:</b> Compressing a Reducible Transverse Fracture
12:00 PM	<i>Lunch</i>
12:45 PM	Common Reducible Radius/Ulna Fractures
1:10 PM	Non-Reducible Radius/Ulna Fractures
1:35 PM	<i>Break &amp; Change into Scrubs</i>
1:50 PM	<b>Wet Lab 1:</b> Reducible, Transverse Distal Radius/Ulna Fracture
3:35 PM	<i>Optional Break</i>
3:50 PM	<b>Wet Lab 2:</b> Non-Reducible, Mid-Diaphyseal Radius/Ulna Fracture
5:50 PM	Discussion of Take-Home Points, Key Concepts & Lessons Learned
6:00 PM	<i>End of Day 1</i>

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### Day 2 – Tuesday

7:30 AM	<i>Breakfast</i>
8:00 AM	Radiographic Review Session of Radius/Ulna Wet Lab 1&2
9:00 AM	Preoperative Fracture Planning
9:25 AM	vPop Pro Preoperative Planning Demo
9:50 AM	<i>Break</i>
10:05 AM	Plate Fixation of Reducible, Long Oblique/Spiral Tibial Diaphyseal Fractures Dr. Schaefer
10:30 AM	Plate and Fixation of Non-Reducible, Tibial Diaphyseal Fractures
10:55 AM	<b>Dry Lab 3:</b> Reducible, Long Oblique Tibial Diaphyseal Fracture
12:00 PM	<i>Lunch</i>
12:45 PM	<b>Wet Lab 3:</b> Reducible, Long Oblique Tibial Diaphyseal Fracture
2:15 PM	<b>Dry Lab 4:</b> Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate & Rod Technique
3:15 PM	<i>Break</i>
3:30 PM	<b>Wet Lab 4:</b> Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate & Rod Technique
5:00 PM	<b>Wet Lab 5:</b> Autogenous Cancellous Bone Graft Harvest & Placement in Tibial Fracture
5:45 PM	Discussion of Take-Home Points & Key Concepts of Day 2
6:00 PM	<i>End of Day 2</i>

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### Day 3 – Wednesday

7:30 AM	<i>Breakfast</i>
8:00 AM	Radiographic Review Session of Tibia Wet Lab 3&4
8:45 AM	Femur Diaphyseal Fractures
9:10 AM	<b>Wet Lab 6:</b> (with 20-min Demo) Non-Reducible Femur Fracture
10:55 AM	<b>Wet Lab 7:</b> Contralateral Femur: Compression Plate, Neutralization Plate & Interfragmentary Cerclage Wire or IM Pin & Bridge Plate
12:10 PM	<i>Lunch</i>
12:55 PM	Clinical Case Examples for Key Points, Pain Management, Convalescent Care & Radiographic Monitoring
2:30 PM	<i>End of Course</i>

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