



A Complete Introduction to Bone Plating February 25-27, 2024

Complete all pre-course content before course begins.

Day 1

7:30 am	<i>Full Catered Breakfast and Welcome</i>	Dr. Ross Palmer
8:00 am	Introduction and Course Overview & Learning Objectives	Dr. Ross Palmer
8:25 am	Clinical Case Example	Dr. Ross Palmer
8:50 am	Dry Lab 1: Power Drills, Drilling Technique, Screw Insertion Technique	Dr. Sue Schaefer + Faculty
9:50 am	<i>Break</i>	
10:05 am	Introduction to Compression Locking Plates	Dr. Mike Karlin
10:30 am	Dry Lab 2: Compressing a Reducible Transverse Fracture	Dr. Mike Karlin + Faculty
12:00 pm	<i>Lunch</i>	





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Day 1

12:45 pm	Common Reducible Radius/Ulna Fractures	Dr. Jason Bleedhorn
1:10 pm	Non-Reducible Radius/Ulna Fractures	Dr. Ross Palmer
1:35 pm	<i>Break & Change into scrubs</i>	
1:50 pm	Wet Lab 1: Reducible, Transverse Distal Radius/Ulna Fracture	Dr. Jason Bleedhorn + Faculty
3:35 pm	<i>Optional Break</i>	
3:50 pm	Wet Lab 2: Non-Reducible, Mid-Diaphyseal Radius/Ulna Fracture	Dr. Ross Palmer + Faculty
5:50 pm	Discussion of Take-Home Points, Key Concepts, & Lessons Learned	All faculty
6:00 pm	<i>End of Day 1</i>	





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Day 2

7:30 am	<i>Full Catered Breakfast</i>	
8:00 am	Radiographic Review Session of Radius/Ulna Wet Lab 1 & 2	Dr. Jason Bleedhorn + Faculty
9:00 am	Preoperative Fracture Planning	Dr. Ross Palmer
9:25 am	vPop Pro Preoperative Planning Demo	Dr. Jason Bleedhorn
9:50 am	<i>Break</i>	
10:05 am	Plate Fixation of Reducible, Long Oblique/Spiral Tibial Diaphyseal Fractures	Dr. Sue Schaefer
10:30 am	Plate and Pin Fixation of Non-Reducible, Tibial Diaphyseal Fractures	Dr. Ross Palmer
10:55 am	Dry Lab 3: Reducible, Long Oblique Tibial Diaphyseal Fracture	Dr. Sue Schaefer + Faculty
12:00 pm	<i>Lunch</i>	





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Day 2

12:45 pm	Wet Lab 3: Reducible, Long Oblique Tibial Diaphyseal Fracture	Dr. Sue Schaefer + Faculty
2:15 pm	Dry Lab 4: Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate and Rod Technique	Dr. Ross Palmer
3:15 pm	<i>Break</i>	
3:30 pm	Wet Lab 4: Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate and Rod Technique	Dr. Ross Palmer + Faculty
5:00 pm	Wet Lab 5: Autogenous Cancellous Bone Graft Harvest and Placement in Tibial Fracture	Dr. Mike Karlin + Faculty
5:45 pm	Discussion of Take-Home Points and Key concepts of Day 2	Faculty
6:00 pm	<i>End of Day 2</i>	





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Day 3

7:30 am	<i>Full Catered Breakfast</i>	
8:00 am	Radiographic Review Session of Tibia Wet Lab 3 and 4	Dr. Sue Schaefer
8:45 am	Femur Diaphyseal Fractures	Dr. Mike Karlin
9:10 am	Wet Lab 6: (With 20-min Demo) Non-Reducible Femur Fracture	Dr. Mike Karlin
10:55 am	Wet Lab 7: Contralateral Femur: Compression Plate, Neutralization Plate and Interfragmentary Cerclage Wire or IM Pin and Bridge Plate	All faculty
12:10 pm	<i>Lunch</i>	
12:55 pm	Clinical Case Examples for Key Points, Pain Management, Convalescent Care & Radiographic Monitoring	Drs. Ross Palmer, Mike Karlin, Jason Bleedhorn
2:30 pm	<i>End of Course</i>	

