



Bone Plating 201 – Next Level

November 28-29, 2023

Complete pre-course content before course begins.

Day 1

- 7:30 am *Breakfast and Welcome*
- 8:00 am Introductions and Course Overview
- 8:25 am Distal Femoral Physeal/Metaphyseal/Supracondylar Fractures
- 8:50 am Surgery Approach to the Distal Femur and Reduction Techniques
- 9:15 am **Dry Lab A:** Preoperative Planning of Femoral Supracondylar Fracture
- 10:15 am *Break & Change into Scrubs*
- 10:30 am **Wet Labs 1 & 2 Demos:** Distal Femoral Fracture Fixations
- 11:15 am **Wet Lab 1:** Distal Femoral Physeal Fracture Fixation
- 12:30 pm *Lunch*
- 1:15 pm **Wet Lab 2:** Transverse/Short Oblique Femoral Supracondylar Fractures, Distal Femoral Plate
- 2:30 pm Approaches to Ilium & Ischium and Reduction Technique
- 2:55 pm *Break*
- 3:10 pm **Dry Lab B with Demo:** Preoperative Planning of Iliac Body Fracture with vPOP-Pro
- 3:35 pm **Wet Lab 3 Demo:** Approach to Ilium & Ischium for Reduction
- 4:00 pm **Wet Lab 3:** Left Ilium Fracture Reduction & Stabilization
- 5:30 pm Discussion of Take-Home Points and Key Concepts of Day 1
- 6:00 pm *End of Day 1*



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Day 2

- 7:30 am *Breakfast & Sponsor Announcements*
- 8:00 am Radiographic Review Session of Femoral & Pelvic Fracture Repairs
- 9:00 am Fixation of Lateral Humeral Condyle Fractures
- 9:25 am Lateral Approach for Humeral Condyle Reduction & Fixation
- 9:50 am *Break*
- 10:05 am **Dry Lab C Demo:** Humeral Condyle Reduction & Fixation with *Lag Screw + K-Wire* or *Lag Screw + Plate*
- 10:30 am **Dry Lab C:** Humeral Condyle Reduction & Fixation with *Lag Screw + K-Wire* or *Lag Screw + Plate*
- 11:20 am **Wet Lab 4 Demo:** Approach to Left Lateral Condyle, Reduction, & Fixation
- 11:45 am *Lunch & Change into Scrubs*
- 12:30 pm **Wet Lab 4:** Approach to Lateral Condyle & Lag Screw Fixation of Lateral Humeral Condyle Fracture
- 3:00 pm *Break & Change out of Scrubs*
- 3:15 pm Delayed vs. Non-Unions: Diagnosis & Treatment
- 3:40 pm Radiographic Monitoring of Healing (Long Bone vs. Articular vs. Pelvic)
- 4:05 pm My Approach to Implant Removal (When and How)
- 4:30 pm Clinical Case Discussions
- 4:55 pm Radiographic Review Session of Articular Humeral Condyle Fracture Repairs
- 6:00 pm *End of Day 2*



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