



A Complete Introduction to Bone Plating

February 17-19, 2025

Please complete all pre-course content prior to the in-person session.

Day 1 – Monday

7:30 AM	<i>Full Hot Breakfast & Welcome</i>
8:00 AM	Introduction, Course Overview & Learning Objectives – Dr. Palmer
8:25 AM	Clinical Case Example – Dr. Palmer
8:50 AM	Dry Lab 1: Power Drills, Drilling Technique, Screw Insertion Technique
9:50 AM	<i>Break</i>
10:05 AM	Introduction to Compression Locking Plates
10:30 AM	Dry Lab 2: Compressing a Reducible Transverse Fracture
12:00 PM	<i>Catered Lunch & Change into Scrubs</i>
12:45 PM	Common Reducible Radius/Ulna Fractures
1:10 PM	Wet Lab 1: Reducible, Transverse Distal Radius/Ulna Fracture
3:15 PM	<i>Optional Break</i>
3:30 PM	Non-Reducible Radius/Ulna Fractures
3:55 PM	Wet Lab 2: Non-Reducible, Mid-Diaphyseal Radius/Ulna Fracture
5:55 PM	Homework: Review online vPOP Planning Demo, Load vPOP & plan case
6:00 PM	<i>End of Day 1</i>

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Day 2 – Tuesday

7:30 AM	<i>Full Hot Breakfast</i>
8:00 AM	Radiographic Review Session of Radius/Ulna Wet Lab 1&2
9:00 AM	Neutral Plate & Cerclage Fixture of Long Oblique/ Spiral Tibial Fractures
9:25 AM	<i>Break & Change into Scrubs</i>
9:40 AM	Dry Lab 3: Reducible, Long Oblique Tibial Diaphyseal Fracture
10:45 AM	Wet Lab 3: Reducible, Long Oblique Tibial Diaphyseal Fracture
12:15 PM	<i>Catered Lunch</i>
1:00 PM	Plate and Fixation of Non-Reducible, Tibial Diaphyseal Fractures
1:25 PM	Dry Lab 4: Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate & Rod Technique
2:30 PM	Wet Lab 4: Non-Reducible Tibial Diaphyseal Fracture with Bridging Plate & Rod Technique
4:00 PM	Wet Lab 5: Autogenous Cancellous Bone Graft Harvest & Placement in Tibial Fracture
4:45 PM	Femur Shaft Fractures (Reducible v. Non-Reducible)
5:10 PM	Pre-op Planning & vPOP Demo/Interactive Exercise
5:50 PM	Take-home Points & Lessons From Day 2
6:00 PM	<i>End of Day 2</i>

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Day 3 – Wednesday

7:30 AM	<i>Full Hot Breakfast</i>
8:00 AM	Radiographic Review Session of Tibia Wet Lab 3&4
9:00 AM	Wet Lab 6: (with 20-min Demo) Non-Reducible Femur Fracture
11:00 AM	Wet Lab 7: Contralateral Femur: Compression Plate, Neutralization Plate & Interfragmentary Cerclage Wire or IM Pin & Bridge Plate
10:55 AM	Wet Lab 7: Contralateral Femur: Compression Plate, Neutralization Plate & Interfragmentary Cerclage Wire or IM Pin & Bridge Plate
12:45 PM	<i>Catered Lunch</i>
1:30 PM	Clinical Case Examples for Key Points, Pain Management, Convalescent Care & Radiographic Monitoring
2:30 PM	<i>End of Course</i>

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